

POSSIBILITIES IN THE HOMESTRETCH

An Experiential Weekend



**For Women Survivors of Sexual Abuse
Who Are Beginning to Thrive with a Sense of Self and Want More....
More Joy, More Freedom, More Personal Power!**

"When I dare to be powerful - to use my strength in the service of my vision, then it becomes less and less important whether I am afraid." Audre Lorde

In a time of national struggle, we continue to commit ourselves to individual growth and healing as the basis for communal and global harmony. So, we invite you to choose the next step on your journey...

POSSIBILITIES IN THE HOME STRETCH is for women survivors of sexual abuse that are either finished with therapy or in the homestretch who want to take a risk and move into wholeness. The weekend will focus on honoring your boundaries while safely stretching your abilities, and imagining possibilities to create new pathways for vibrancy and awareness in your body.

Using incredible music, movement, art, metaphors, spirituality, and group process, we will offer an opportunity to find the places you've stayed stuck (in spite of great movement and healing in your recovery) and open to possibilities to expand your potential.

The Possibilities weekend is an adjunct to participants' ongoing recovery work, twelve step programs, and individual spiritual journeys. It will be an opportunity for women together to move each other forward—powerfully, joyfully, deeply. Join us.

Led by **Joanna Colrain, LPC, CGP** and **Mikele Rauch, LMFT**
who, between them, have 56 years of expertise in working with survivors and groups.

May 1-2-3, 2009

Held at the beautiful

Center for New Beginnings

129 Center Point Drive

Dahlonega, GA 30533

www.centerfornewbeginnings.com

for more information, contact
Joanna Colrain at 770-220-4059 or
Mikele Rauch at MikeleRauch@gmail.com

Joanna Colrain, LPC, CGP, has been in practice for 30 years, specializing in dissociative disorders, in Atlanta, GA. She provides clinical supervision for psychotherapists who want to bring mindfulness, collaboration, and use of self to their work. Joanna was a trainer and clinical supervisor for the Survivor Support Program of Prevent Child Abuse Georgia for 13 years. Since 1998, she has been teaching "The Art of Clinical Supervision: Facilitating A Discovery Process"™ and "Mindful Presence in Psychotherapy."™ She has published a number of articles and treatment manuals, including co-authoring (1990) "Abreactive Work with Sexual Abuse Survivors: Concepts And Techniques." With Mikele, she is a member of the Core Facilitator Team for the MaleSurvivor International Weekends of Recovery.

Since 1983, **Mikele Rauch**, LMFT, has worked with individuals and groups specializing in the areas of sexual and physical trauma, utilizing authentic movement, music and art. She has treated survivors of religious and clergy abuse across the gamut of religions. Mikele is a member of MaleSurvivor, the National Organization against Male Sexual Victimization and its Core Facilitator Team, and has served on the Clergy Sexual Abuse Victim's Rights Committee of Boston. She has written for CANDID, the Missouri Review, the National Catholic Reporter, Cross Currents Magazine, Healing Ministry, and The New Therapist. Her book, *Recovering the Soul after Religious Abuse: The Dark Heaven of Recovery*, Praeger Publications, will be in print Spring 2009. She works, writes and does her art near Brookline, MA.

REGISTRATION for POSSIBILITIES IN THE HOMESTRETCH

Please PRINT:

Name: _____

Address: _____

Address Line 2: _____

City: _____ State/Province: _____ Zip/Postal Code: _____

Phone: Day: (_____) _____ - _____ Night (_____) - _____ - _____

Cell: (_____) - _____

Email: _____ Birthdate: ____/____/____

Are you currently in therapy? ___yes ___no ___individual ___group ___both

In case of emergency, please call: (this is required of all participants)

Name: _____

Phone(s): _____

Please indicate all allergies or restrictions:

Special dietary requests: _____

Special mobility restrictions: _____

I understand that my registration is subject to a short phone interview with Mikele Rauch or Joanna Colrain, which will be conducted within one week of receipt of registration. Please initial _____

I am available for a phone interview generally during the following times:

_____ day /time range at Phone: _____ or

_____ day/time range at Phone: _____

Travel:

If you are traveling into Atlanta by airplane, please let us know if you would like to share a rental car, a ride, or have any other transportation needs. If you wish, we will connect you with someone who is traveling to the weekend, and with your permission, share your email address so you can arrange to travel together. Directions to Dahlonega are on the website: <http://www.centerfornewbeginnings.com/directions.html>.

The retreat is from 4:00 on Friday, May 1 to 12:00 on Sunday, May 3.

If you are coming into the area on Thursday evening or planning to stay until Monday, consider the following spots to stay:

www.smithhouse.com - (706) 867-7000

www.longmountainlodge.com - (706) 864-2337

Please let us know your travel plans, and if there is any way we can help you get to the retreat, just let us know.

Payment:

\$545.00 if paid in full by **April 15, 2009**

\$595.00 if received after **April 15, 2009**

In order to hold your registration, you must send a deposit of at least \$150 at the time of your registration. If we do not receive any payment with your registration, we will not consider you registered. If you want the "early registration discount", then we must receive your complete payment by April 15, 2009. There is a place on the registration form to contact us if you do not choose to pay in full by the early registration. Remember that if you choose this option, we will add \$50 to your charge for late registration.

TOTAL ENCLOSED BY CHECK: \$ _____

Please make payment to **Joanna Colrain, LPC** and mail with this form to:

Joanna Colrain, LPC
150 E. Ponce de Leon Ave., Suite 350
Decatur GA 30030

We look forward to meeting you and to sharing the journey.