

# **POSSIBILITIES IN THE HOMESTRETCH**

## **An Experiential Weekend**



**For Women Survivors of Sexual Abuse  
Who Are Beginning to Thrive with a Sense of Self and Want More....  
More Joy, More Freedom, More Personal Power!**

*"When I dare to be powerful - to use my strength in the service of my vision, then it becomes less and less important whether I am afraid." Audre Lorde*

In a time of national struggle, we continue to commit ourselves to individual growth and healing as the basis for communal and global harmony. So, we invite you to choose the next step on your journey...

**POSSIBILITIES IN THE HOME STRETCH** is for women survivors of sexual abuse that are either finished with therapy or in the homestretch who want to take a risk and move into wholeness. The weekend will focus on honoring your boundaries while safely stretching your abilities, and imagining possibilities to create new pathways for vibrancy and awareness in your body.

Using incredible music, movement, art, metaphors, spirituality, and group process, we will offer an opportunity to find the places you've stayed stuck (in spite of great movement and healing in your recovery) and open to possibilities to expand your potential.

The Possibilities weekend is an adjunct to participants' ongoing recovery work, twelve step programs, and individual spiritual journeys. It will be an opportunity for women together to move each other forward—powerfully, joyfully, deeply. Join us.

Led by **Joanna Colrain, LPC, CGP** and **Mikele Rauch, LMFT**  
who, between them, have 56 years of expertise in working with survivors and groups.

**May 1-2-3, 2009**

Held at the beautiful

**Center for New Beginnings**

129 Center Point Drive

**Dahlonega, GA 30533**

[www.centerfornewbeginnings.com](http://www.centerfornewbeginnings.com)

for more information, contact  
Joanna Colrain at 770-220-4059 or  
Mikele Rauch at MikeleRauch@gmail.com

**Joanna Colrain, LPC, CGP**, has been in practice for 30 years, specializing in dissociative disorders, in Atlanta, GA. She provides clinical supervision for psychotherapists who want to bring mindfulness, collaboration, and use of self to their work. Joanna was a trainer and clinical supervisor for the Survivor Support Program of Prevent Child Abuse Georgia for 13 years. Since 1998, she has been teaching "The Art of Clinical Supervision: Facilitating A Discovery Process"™ and "Mindful Presence in Psychotherapy."™ She has published a number of articles and treatment manuals, including co-authoring (1990) "Abreactive Work with Sexual Abuse Survivors: Concepts And Techniques." With Mikele, she is a member of the Core Facilitator Team for the MaleSurvivor International Weekends of Recovery.

Since 1983, **Mikele Rauch, LMFT**, has worked with individuals and groups specializing in the areas of sexual and physical trauma, utilizing authentic movement, music and art. She has treated survivors of religious and clergy abuse across the gamut of religions. Mikele is a member of MaleSurvivor, the National Organization against Male Sexual Victimization and its Core Facilitator Team, and has served on the Clergy Sexual Abuse Victim's Rights Committee of Boston. She has written for CANDID, the Missouri Review, the National Catholic Reporter, Cross Currents Magazine, Healing Ministry, and The New Therapist. Her book, *Recovering the Soul after Religious Abuse: The Dark Heaven of Recovery*, Praeger Publications, will be in print Spring 2009. She works, writes and does her art near Brookline, MA.

